















DISHES		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame seeds	Soya	Sulphur Dioxide
															
NOT FRIED	Egg Fried Rice	NO	YES, wheat	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO
	Plain Rice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
	Vegetable Noodles	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO
	Skinny' Rice	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO
	Red Thai Chicken Curry	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	NO	MCT*	NO
	Chinese Chicken Curry	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	MCT*	NO
	Teriyaki Beef/Chicken	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES
NON MEAT FRYER	Pumpkin Katsu Curry	MCT*	YES, wheat	NO	MCT*	NO	NO	MCT*	NO	YES	NO	NO	MCT*	YES	NO
	Salt & Pepper Potatoes	MCT*	MCT*wheat	NO	MCT*	NO	NO	MCT*	NO	MCT*	NO	NO	MCT*	MCT*	NO
	Mini Vegetable Spring Rolls	YES	YES, wheat	NO	MCT*	NO	NO	MCT*	NO	MCT*	NO	NO	YES	YES	NO
	Wedges & Curry Sauce	MCT*	YES, wheat	NO	MCT*	NO	NO	MCT*	NO	YES	NO	NO	MCT*	MCT*	NO
MEAT & SEAFOOD FRYER	Caramel Drizzle Chicken	MCT*	MCT*wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	YES
	Golden Salt 'n' Pepper Chicken	MCT*	MCT*wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*
	Sweet & Sour Chicken	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*
	BBQ Chicken	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*
	K Pop Chicken	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*
	Orange Chicken	MCT*	MCT*wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*
	Katsu Chicken Curry	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	YES	NO	NO	MCT*	MCT*	MCT*
	Sweet Chilli Prawns	MCT*	YES, wheat, barley	YES	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*
	Prawn Crackers	MCT*	MCT*wheat, barley	YES	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	YES
	Duck Spring Rolls	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	YES	YES	MCT*
	Battered Chicken Balls - large & mini	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*
	Salt & Pepper Chicken Mini Balls	MCT*	YES, wheat, barley	MCT*	MCT*	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*
SAUCE	Sweet Chilli Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
	Katsu Sauce	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	MCT*	NO
	Soy Sauce/Sachet	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO

* MCT - May contain traces

**As we use shared equipment in a busy environment, we cannot guarantee that our food is 100% free of any allergen

*** Not all products are available in all stores